



Cumbria Parent Carer Forum

Transition Fair



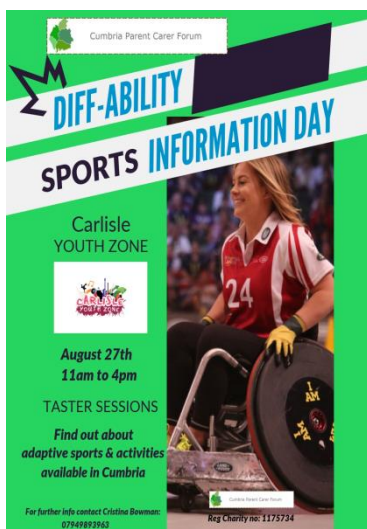
On Wednesday 3rd July 2019 we held a Transition fair alongside Cumbria County Council and Cumbria Clinical Commissioning Group at the North Lakes Hotel & Spar in Penrith, it was a fantastic day which was enjoyed by both parents and their Child/young person. There were over 150 parent carers who attended the event and a various amount of services under one roof available for people to talk to and receive the information they wanted was amazing.

Here is some feedback taken from the forms handed in on the day:



- It was great to have all the services under one roof.
- To be able to identify what services are available.
- It was good to be able to talk to people face to face instead of over the phone or via emails.
- There was so much information on offer.
- Having transport provided was good.
- Looking forward to seeing more of these events.

Diff-Ability Sports Information Day



Does your child/young person enjoy sport?

Would they like to get involved?

Come along to our DIFF-ABILITY Sports Information Day and see what clubs are on offer and how they can get involved.

This is a free taster session not to be missed.

For more information contact:

Cristina Bowman on 07949893963

Dear colleague

I want you to be among the first to know that I have secured a new and exciting opportunity at Sheffield City Council as their Executive Director for People. This change will provide me with a number of things that I feel I am ready for at this time in my life. As well as the new and different challenges that providing key services to a metropolitan area will bring, this move will also allow me to spend more time with my family - something that is of the utmost importance to me.

A leaving date is still to be finalised but it is likely that I will formally leave Cumbria at the end of August.

This decision is not one that I have taken lightly as Cumbria and its people hold a very special place in my heart. It is now over 11 years since I joined Cumbria County Council and during that time, I have given it my unswerving commitment and loyalty. I am extremely proud of what we have achieved together and I will take many things with me into my new role. Over the years I have been very grateful for all the support I have had from colleagues, Elected Members and of course partners and I want to take this opportunity to thank you all personally.

Over the coming months I can also assure you that I will be working closely with my management team and Katherine to ensure that together we secure the right leadership going forward for the People directorate and for the wider organisation.

Yours sincerely

John

John Macilwraith

Executive Director – People
(Deputy Chief Executive)

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Ofsted Report

Joint local area SEND inspection in Cumbria

Between 18 March 2019 and 22 March 2019, Ofsted and the Care Quality Commission (CQC), conducted a joint inspection of the local area of Cumbria to judge the effectiveness of the area in implementing the disability and special educational needs reforms as set out in the Children and Families Act 2014.

The inspection was led by one of Her Majesty's Inspectors from Ofsted, with a team of inspectors including two Ofsted inspectors and two children's services inspectors from the Care Quality Commission (CQC).

Inspectors spoke with children and young people with special educational needs and/or disabilities (SEND), parents and carers, local authority and National Health Service (NHS) officers. They visited a range of providers and spoke to leaders, staff and governors about how they were implementing the special educational needs reforms. Inspectors looked at a range of information about the performance of the local area, including the local area's self-evaluation. Inspectors met with leaders from the local area for health, care and education. They reviewed performance data and evidence about the local offer and joint commissioning.

To read this report click on the link below.

<https://files.api.ofsted.gov.uk/v1/file/50079132>

Cumbria Parent Carer Forum Annual Survey

To read the findings from our 2019 Annual Survey click on the link below.

[Parent Carer Forum Service User Feedback June 2019.docx](#)

Becoming a member

If you have a child/young person with a disability why not become a member and receive a FREE Max Card.

If you would like to become a member of the Cumbria Parent Carer Forum please complete the form on the web site below. Membership is completely FREE and provides you with the ability to keep in touch with parent carers throughout Cumbria. www.cumbriarentcarerforum.org.uk Cumbria County Council

agreed to fund 1500 Max Card cards, which is a discount card for certain venues both locally and nationally - See link below. Max cards are free to all children/young adults 0-25 with a disability. <http://www.cumbriarentcarerforum.org.uk/index.php/about-us/max-card-application>



What we do for you and How

- Parents voice
- Consultation
- Parent participation
- Advice and support
- Training parents
- Support local groups
- Enable parent's carers to make views known to service providers
- Provide training for parent carers
- Parent representation
- Working with local organisations and charities
- Surveys and consultations
- Feedback on meetings we attend
- Visit disability events

What type of events would you like in the future?

- Education workshops.
- Re-start Cumbria Disability Network.
- Employment workshops.
- Staying safe workshops.
- Health workshops.
- Community engagement workshops.
- Internships.
- EHCP workshops.
- Transition to adulthood Workshops.

Let us help you

If there are any of the above workshops that you would be interested in attending let us know. We are here to help!

Meet our Steering Group

If you would like to meet all our Steering Group members please click on the link below.

<http://www.cumbriarentcarerforum.org.uk/index.php/steering-group>

New Facebook Page

This page has been set up so that parent carers and professionals can share information regarding disability services. You can add events etc. This is your page so please share far and wide so that others can benefit.

<https://www.facebook.com/cumbriarentcarerforum/>

Becoming a member of the CPCF Steering Group

Are you a parent carer of a child with a SEN/D? and have an interest in shaping the future for children and young people with SEN/D and their families?

Would you like to be the voice and represent parent carers in your area?

Cumbria is looking for enthusiastic parent carers who are interested in representing their local area at local and county forums...

Any training and support required will be provided.

All out of pocket expenses will be reimbursed e.g. travel 45p per mile, other modes of transport e.g. bus,

train, parking etc. We also provide free lunch at our steering group meetings. We would welcome you to any of these meetings which you may have an interest in. Please feel free to discuss any concerns you may have or how to become a part of shaping the future through attending these meetings.

Local support groups: are a meeting place for parent carers and their families to share information, discuss local concerns, what works well, what doesn't. This is then fed back to the forums steering group members to take action upon.

CPCF steering group: is a group of parent carers of disabled children who work

with the local authority, education, health and other providers to ensure the services they plan and deliver meet the needs of disabled children and their families.

For more information, contact –
Celean -

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cumbriaparentcarerforum@gmail.com
www.cumbriaparentcarerforum.org.uk

CUMBRIA PARENT CARER FORUM

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or

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or

cumbriacpfcel1@gmail.com

We're on the Web!

See us at:

Web site address

www.cumbriaparentcarerforum.org.uk

About Us

We are a constituted group of over 500 parent carers of children and young people with disabilities and / or special educational needs in Cumbria.

Our aim is to make sure the needs of our children/young people (0/25) are met. We understand the challenges you face on a day-to-day basis, because we are parent carers too.

We organise events where parents can meet with each other. We can tell you about most up-to-date sources of information for your child/young person.

We are here to give parent carers a voice. By joining the Parent Carers Forum, we can work together to improve services for our Children/young person.

Membership is free, join us today!

You can access this via our website:
www.cumbriaparentcarerforum.org.uk

Local Offer

The link below will take you to there:

Family Information Directory

where you will find lots of useful information.

<http://localoffer.cumbria.gov.uk/>

Registered Charity Number - 1175734